

C1

If you train hard, you _____ a better athlete.

Answer: _____

If you don't practice regularly, you _____ your skills.

Answer: _____

If you eat a healthy diet, you _____ more energy.

Answer: _____

If you don't warm up properly, you _____ injured.

Answer: _____

If you focus on your goals, you _____ them.

Answer: _____

If you don't listen to your coach, you _____ valuable advice.

Answer: _____

If you push yourself beyond your limits, you _____ amazing results.

Answer: _____

If you don't enjoy the sport, you _____ motivated.

Answer: _____

If you join a team, you _____ new friends.

Answer: _____

If you don't stay hydrated, you _____ exhausted quickly.

Answer: _____

Answers

If you train hard, you _____ a better athlete.

Answer: will become

If you don't practice regularly, you _____ your skills.

Answer: will lose

If you eat a healthy diet, you _____ more energy.

Answer: will have

If you don't warm up properly, you _____ injured.

Answer: will get

If you focus on your goals, you _____ them.

Answer: will achieve

If you don't listen to your coach, you _____ valuable advice.

Answer: will miss

If you push yourself beyond your limits, you _____ amazing results.

Answer: will achieve

If you don't enjoy the sport, you _____ motivated.

Answer: won't stay

If you join a team, you _____ new friends.

Answer: will make

If you don't stay hydrated, you _____ exhausted quickly.

Answer: will feel