She said, 'I wake up at 7 am every day.' Answer:
He said, 'I have breakfast at 8 am.' Answer:
They said, 'We take the bus to school.' Answer:
She said, 'I usually have lunch at 12 pm.' Answer:
He said, 'I play sports in the afternoon.' Answer:
They said, 'We study for two hours in the evening.' Answer:
She said, 'I watch TV before going to bed.' Answer:
He said, 'I usually fall asleep by 11 pm.' Answer:
They said, 'We brush our teeth before going to bed.' Answer:
She said, 'I sleep for 8 hours every night.' Answer:

Answers

She said, 'I wake up at 7 am every day.'

Answer: She said that she woke up at 7 am every day.

He said, 'I have breakfast at 8 am.'

Answer: He said that he had breakfast at 8 am.

They said, 'We take the bus to school.'

Answer: They said that they took the bus to school.

She said, 'I usually have lunch at 12 pm.'

Answer: She said that she usually had lunch at 12 pm.

He said, 'I play sports in the afternoon.'

Answer: He said that he played sports in the afternoon.

They said, 'We study for two hours in the evening.'

Answer: They said that they studied for two hours in the evening.

She said, 'I watch TV before going to bed.'

Answer: She said that she watched TV before going to bed.

He said, 'I usually fall asleep by 11 pm.'

Answer: He said that he usually fell asleep by 11 pm.

They said, 'We brush our teeth before going to bed.'

Answer: They said that they brushed their teeth before going to bed.

She said, 'I sleep for 8 hours every night.'

Answer: She said that she slept for 8 hours every night.