You	eat fruits and vegetables every day.
Answer:	
They	try new foods from different cultures.
Answer:	
She	cook her own meals to save money.
Answer:	
We	read food labels to check for allergens.
Answer:	
You	avoid eating too much sugar and junk food.
Answer:	
He	include protein in his diet for muscle growth.
Answer:	
They	drink enough water to stay hydrated.
Answer:	
She	learn how to prepare healthy meals.
We	limit our intake of processed foods.
	·
You _	plan your meals ahead of time.

Answers

You	eat fruits and vegetables every day.
Answer: must	
They	_ try new foods from different cultures.
Answer: must	
She	cook her own meals to save money.
Answer: has to	0
We	read food labels to check for allergens.
Answer: must	
You	avoid eating too much sugar and junk food.
Answer: have	to
He	include protein in his diet for muscle growth.
Answer: has to	
They	_ drink enough water to stay hydrated.
Answer: must	
She	learn how to prepare healthy meals.
Answer: has to	
We	limit our intake of processed foods.
Answer: must	
You	_ plan your meals ahead of time.
Answer: have	to