It's essential that he	his vegetables.
Answer:	
I recommend that you	a healthy breakfast every morning.
Answer:	_
It's important that they	enough water every day.
Answer:	
She suggested that we	more fruits in our diet.
Answer:	
It's vital that he a ba	lanced diet.
Answer:	
I demand that he jur	nk food.
Answer:	
It's necessary that they	smaller portions.
Answer:	
He insists that shel	ess sugar in her tea.
Answer:	
I propose that we or	ganic produce.
Answer:	_
It's crucial that youy	our intake of saturated fats.
Answer:	

Answers

It's essential that he	his vegetables.
Answer: eat	
I recommend that you	a healthy breakfast every morning.
Answer: eat	
It's important that they _	enough water every day.
Answer: drink	
She suggested that we _	more fruits in our diet.
Answer: include	
It's vital that he	_ a balanced diet.
Answer: have	
I demand that he	junk food.
Answer: avoid	
It's necessary that they _	smaller portions.
Answer: consume	
He insists that she	less sugar in her tea.
Answer: use	
I propose that we	organic produce.
Answer: buy	
It's crucial that you	your intake of saturated fats.
Answer: reduce	