A1

	drink water every day.
Answer	:
	eat vegetables for good health.
	cook a meal for your family.
	try new foods from different countries. :
_	avoid eating too much junk food.
	wash your hands before eating.
	cut fruits into bite-sized pieces.
	use a knife to peel a banana.
——— Answer	use a spoon to eat soup.
———Answer	use a fork to eat pasta.

Answers

drink water every day.
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