The soccer	team their opponents 3-0 in yesterday's match.
Answer:	
	a new personal best in the high jump.
Allowel	
-	the basketball championship for the third year in a row.
Answer:	
She	_ in the long-distance race during the track meet.
Answer:	
	the team's training schedule for the week.
Allower	
We	_ a lot of effort into our basketball practices.
Answer:	
You	your batting technique in baseball.
Answer:	
The athletes	s their warm-up exercises before the race.
Answer:	
He	_ a golf lesson to improve his swing.
Answer:	
They	their opponent's lead and scored a last-minute goal.
Answer:	

Answers

The soccer t	eam their opponents 3-0 in yesterday's match.
Answer: defe	eated
	a new personal best in the high jump.
Answer: ach	ieved
They	the basketball championship for the third year in a row.
Answer: wor	1
She	_ in the long-distance race during the track meet.
Answer: part	icipated
The coach _	the team's training schedule for the week.
Answer: adju	usted
We	a lot of effort into our basketball practices.
Answer: put	
You	_ your batting technique in baseball.
Answer: imp	rove
The athletes	their warm-up exercises before the race.
Answer: perf	formed
He	a golf lesson to improve his swing.
Answer: tool	
They	their opponent's lead and scored a last-minute goal.
Answer: narr	