	_ five laps around the track.
Answer: _	
	_ the ball into the net.
	_ your opponent's moves.
	_ the ball to your teammate.
	_ a goal from the halfway line.
	_ your body properly for a serve
	_ the basketball into the hoop.
	_ the ball with your head.
	_ your swing technique.
	_ a new skill during practice.

## **Answers**

five laps	around the track.
Answer: Run	
the ball in	nto the net.
your opp Answer: Anticipate	onent's moves.
the ball to	o your teammate.
a goal fro	om the halfway line.
your bod Answer: Position	y properly for a serve.
the bask Answer: Dunk	etball into the hoop.
the ball v Answer: Header	vith your head.
your swin	ng technique.
a new sk	ill during practice.