

B1

You _____ eat vegetables every day.

Answer: _____

You _____ avoid eating too much junk food.

Answer: _____

You _____ try new foods.

Answer: _____

You _____ cook your own meals sometimes.

Answer: _____

You _____ drink plenty of water.

Answer: _____

You _____ eat a balanced diet.

Answer: _____

You _____ read food labels.

Answer: _____

You _____ brush your teeth after meals.

Answer: _____

You _____ limit your sugar intake.

Answer: _____

You _____ exercise regularly.

Answer: _____

Answers

You _____ eat vegetables every day.

Answer: must

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