	your phone on silent mode during class.
Answer	<u> </u>
	the volume down when listening to music.
	your computer screen when you're done using it.
	your gadgets in a safe place when you're not using them.
_	your social media usage to a reasonable amount.
_	regular breaks from screen time to give your eyes a rest.
	your gadgets before going to bed.
Answer:	your passwords strong and secure.
	your gadgets for any software updates.
	the appropriate charger for your device.

Answers

your phone on silent mode during class. Answer: Put
the volume down when listening to music. Answer: Turn
your computer screen when you're done using it. Answer: Close
your gadgets in a safe place when you're not using them. Answer: Store
your social media usage to a reasonable amount. Answer: Limit
regular breaks from screen time to give your eyes a rest. Answer: Take
your gadgets before going to bed. Answer: Charge
your passwords strong and secure. Answer: Keep
your gadgets for any software updates. Answer: Check
the appropriate charger for your device. Answer: Use