

# C1

You \_\_\_\_\_ eat your vegetables every day.

Answer: \_\_\_\_\_

We \_\_\_\_\_ try new foods from different cultures.

Answer: \_\_\_\_\_

They \_\_\_\_\_ avoid eating too much sugary food.

Answer: \_\_\_\_\_

I \_\_\_\_\_ drink plenty of water throughout the day.

Answer: \_\_\_\_\_

He \_\_\_\_\_ cook his own meals instead of eating out.

Answer: \_\_\_\_\_

She \_\_\_\_\_ make sure to eat breakfast every morning.

Answer: \_\_\_\_\_

You \_\_\_\_\_ read the ingredients list before buying packaged food.

Answer: \_\_\_\_\_

We \_\_\_\_\_ not waste food and try to reduce food waste.

Answer: \_\_\_\_\_

They \_\_\_\_\_ learn about balanced diets and nutrition.

Answer: \_\_\_\_\_

I \_\_\_\_\_ prepare meals from scratch using fresh ingredients.

Answer: \_\_\_\_\_

# Answers

You \_\_\_\_\_ eat your vegetables every day.

Answer: have to

We \_\_\_\_\_ try new foods from different cultures.

Answer: must

They \_\_\_\_\_ avoid eating too much sugary food.

Answer: must

I \_\_\_\_\_ drink plenty of water throughout the day.

Answer: have to

He \_\_\_\_\_ cook his own meals instead of eating out.

Answer: must

She \_\_\_\_\_ make sure to eat breakfast every morning.

Answer: must

You \_\_\_\_\_ read the ingredients list before buying packaged food.

Answer: must

We \_\_\_\_\_ not waste food and try to reduce food waste.

Answer: have to

They \_\_\_\_\_ learn about balanced diets and nutrition.

Answer: must

I \_\_\_\_\_ prepare meals from scratch using fresh ingredients.

Answer: have to