How often do you eat fast food?
Answer:
Do you prefer eating at home or eating out?  Answer:
How many times a week do you have breakfast?  Answer:
Do you usually have a packed lunch or eat at a cafeteria?  Answer:
How often do you eat fruits and vegetables?  Answer:
Do you often snack between meals? Answer:
How often do you drink sugary drinks? Answer:
Do you often cook meals from scratch?  Answer:
How many times a week do you eat desserts?  Answer:
Do you follow any specific diet?

## **Answers**