How do sports contribute to our physical well-being?
Answer:
Name one life skill that sports help develop.  Answer:
What makes the competition in sports exciting?  Answer:
What does the article say about the passion and dedication of athletes?  Answer:
How do sports create unity among fans?  Answer:
What events showcase the power of sports to foster global connections?  Answer:
Apart from entertainment, what important life lessons do sports teach us?  Answer:
What are the benefits of regular exercise through sports?  Answer:
Give an example of a nerve-wracking moment in sports.  Answer:
How can playing sports help us overcome challenges?  Answer:

## **Answers**

How do sports contribute to our physical well-being?

Answer: Sports help us maintain a healthy lifestyle, build endurance, and strengthen our muscles

Name one life skill that sports help develop.

Answer: Teamwork.

What makes the competition in sports exciting?

Answer: The fierce competition and adrenaline rush.

What does the article say about the passion and dedication of athletes?

Answer: They inspire us and remind us of the endless possibilities within ourselves.

How do sports create unity among fans?

Answer: Sports create a sense of belonging and camaraderie among fans.

What events showcase the power of sports to foster global connections?

Answer: The FIFA World Cup and the Olympics.

Apart from entertainment, what important life lessons do sports teach us?

Answer: Dedication, resilience, and teamwork.

What are the benefits of regular exercise through sports?

Answer: Regular exercise through sports helps us maintain a healthy lifestyle and build endurance

Give an example of a nerve-wracking moment in sports.

Answer: Scoring a winning goal in football.

How can playing sports help us overcome challenges?

Answer: By instilling a sense of responsibility and pushing us to overcome challenges.